**Further Reading for *The Nordic Theory of Everything***

***The Year of Living Danishly: My Twelve Months Unearthing the Secrets of the World's Happiest Country* by Helen Russell**

Similar in essence to Partanen’s book, Russell moves from England to Denmark and compares her new country to her old.

***The Little Book of Hygge: The Danish Way to Live Well* by Meik Wiking**

A short guide to the popular modern philosophy of hygge, a Danish concept that means having a sense of comfort and well-being. Wiking himself is CEO of the Happiness Research Institute.

***Lagom: Not Too Little, Not Too Much: The Swedish Art of Living a Balanced, Happy Life* by Niki Brantmark**

A similar book to the above, this time about the Swedish equivalent to hygge: laggom, which means moderation and balanced living.

***The Almost Nearly Perfect People: The Myth of the Scandinavian Utopia* by Michael Booth**

A travelogue through all of the Scandinavian states that takes a more skeptical look at the region. Booth talks about both the good and bad, with a bit of humor as he goes along.

***The Geography of Bliss: One Grump’s Search for the Happiest Places in the World* by Eric Weiner**

Weiner begins with a seemingly simple question: Where is the happiest place on Earth? In a book that’s a mix of travelogue, self-help, and humor, he investigates what makes certain countries more or less “happy” – and what that actually means.